

VOGUE

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Beauty, Health, and Fitness

At Your Service



Sense, A Rosewood Spa at The Carlyle, New York

Courtesy of The Carlyle, A Rosewood Hotel

NEW YORK:

SENSE SPA THE CARLYLE

Roger Federer has his own suite (there's a plaque on the door, room 1601); the Cruises were recently in residence; Eartha Kitt was a frequent guest. And now, with the addition of Sense Spa, the Upper East Side's chicest address (who doesn't stay there?), just got chicer. Echoing the hotel's Art Deco roots, the space is all black-and-white lacquered walls and crystal chandeliers. Upstairs there is a Pilates and yoga studio, and cutter Yves Durif (who tended to Carla Bruni while she was in town this past summer) holds court in a jewel-box salon. A platinum-tiled, barrel-vaulted staircase leads down to the four treatment rooms: In one there is a Carrera marble multi-sensory steam shower in which the jets are syncopated with music from iPods (loaded with Café Carlyle classics—think Bobby Short and Mme. Kitt); in another, the plush massage bed has a pedicure tub built in it, for paraffin pedis en repose. Signatures like the two-hour Le Soin Sisleya Anti-Age facial are powered by Sisley's suitably luxe skin care.

35 East 76 Street, New York, NY. Tel. 212-660-7560. Treatments from \$195.

—*Sarah Brown*

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